

# SAVOR EVERYDAY MOMENTS



**CREON**<sup>®</sup>  
(pancrelipase)  
Delayed-Release Capsules

**#1** PRESCRIBED  
EPI TREATMENT

**For patients with EPI**  
(exocrine pancreatic insufficiency)

## USE

CREON<sup>®</sup> (pancrelipase) is a prescription medicine used to treat people who cannot digest food normally because their pancreas does not make enough enzymes.

## Safety Considerations

CREON may increase your chance of having a rare bowel disorder called fibrosing colonopathy. Call your healthcare professional (HCP) right away if you have any unusual or severe stomach pain; worsening of gout; pain, stiffness, redness or swelling of your joints; trouble with breathing; skin rashes; swollen lips; or itching.

**Please see Important Safety Information on page 7.**

**Please see accompanying Consumer Brief Summary or visit [https://www.rxabbvie.com/pdf/creon\\_PI.pdf](https://www.rxabbvie.com/pdf/creon_PI.pdf) for full Prescribing Information.**

# HOW CAN THIS BROCHURE HELP ME?

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This brochure can help you, or someone you care for, better understand CREON and exocrine pancreatic insufficiency, also known as EPI.

CREON is a prescription medicine used to treat people who cannot digest food normally because their pancreas does not make enough enzymes.

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## Safety Considerations

- CREON may increase your chance of having a rare bowel disorder called fibrosing colonopathy. Call your healthcare professional (HCP) right away if you have any unusual or severe stomach pain; worsening of gout; pain, stiffness, redness or swelling of your joints; trouble with breathing; skin rashes; swollen lips; or itching.

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# WHAT DOES AN EPI DIAGNOSIS MEAN?

## EPI is a condition that affects the pancreas

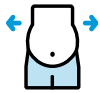
The pancreas is an organ behind the stomach that makes 3 main types of digestive enzymes—lipase, protease, and amylase, which help break down (or digest) fats, proteins, and carbohydrates, respectively. With EPI, your pancreas doesn't release enough of these digestive enzymes to help you properly digest food and absorb nutrients.

## What are the symptoms of EPI?

If your body is missing the enzymes it needs to digest food, some nutrients may pass through the body unabsorbed. This can cause symptoms like:



Gas



Bloating



Stomach pain



Diarrhea

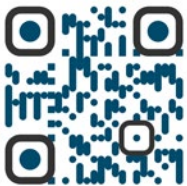


Loose, oily stools



Unexplained weight loss

The symptoms of EPI are similar to those of other conditions that affect your stomach and digestion. Make sure you tell your doctor about all of the symptoms you are experiencing.



**Know what to ask at your next appointment**

**Scan to download the doctor discussion guide**

# CAN MY EPI BE TREATED?

Yes. **Pancreatic enzyme replacement therapy (PERT)** replaces the enzymes your body needs to digest and absorb nutrients.

PERTs are the standard of care for EPI treatment and can help you manage your EPI.

One important thing to remember is that EPI can be chronic, but it's usually a manageable condition, so you may need medication throughout your life to help you manage your EPI.

## How PERTs work:

The capsules are taken with meals and snacks so they can enter the stomach at the same time as food.



The capsules release enzymes that travel to the small intestine.



These enzymes break down carbohydrates, proteins, and fats in the foods you eat.



Carbohydrates



Proteins



Fats

In addition to PERTs, your doctor may recommend taking vitamin supplements since EPI can make it hard to absorb vitamins from food, specifically fat-soluble vitamins (A, D, E, and K), which means they must be dissolved in fat. Talk to your doctor before taking any over-the-counter medications or supplements.



# WHAT IS CREON?

CREON is a PERT that helps treat people who have EPI and cannot digest food normally because their pancreas does not make enough enzymes. CREON helps replace enzymes normally released by your pancreas, helping you to digest nutrients (like fats, carbohydrates, and proteins) in foods.

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## REPLENISH

the enzymes you may  
be missing due to EPI

- **RENEW** your ability to properly break down food
- **RECLAIM** the nutrients you need

# HOW DO I TAKE AND STORE CREON?

EPI is typically a lifelong condition that may require long-term treatment. Your doctor will tell you exactly how to take CREON, but here is a good way to think about it.

## Take CREON every time you eat:



Every Meal



Every Snack



Every Day

## How do I know if I am on the right dose?

You and your doctor should work together to find the right CREON dose based on:

- Weight
- Symptoms
- Diet

## Over time, your dose may need to change.

Make sure you work with your doctor throughout your treatment to ensure your dose is right for you.

## Safety Considerations (continued)

- When taking CREON, it's important to follow the dosing instructions provided by your HCP. Always take CREON with food. Do not crush or chew CREON capsules or the contents of the capsules, as this may cause mouth irritation.

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# HOW DO I TAKE AND STORE CREON? (CONTINUED)

## ► How do I take CREON?

Take CREON exactly as your HCP tells you. Always take CREON with a meal or snack and enough liquid to swallow CREON completely. **Do not crush or chew the CREON capsule or its contents, as this may cause irritation in your mouth** or change the way CREON works in your body. Talk to your HCP or consult the CREON Medication Guide for how to take CREON if you have trouble swallowing capsules.

## ► How much CREON should I take?

Your doctor will provide you with instructions on how much CREON to take for meals and snacks. When eating snacks, you typically need half the dose needed for meals. If you have any questions, it is important to ask your doctor.

## ► What happens if I miss a dose?

If you miss a dose, wait until your next meal or snack and take your usual number of capsules. Do not make up for missed doses.

## ► How do I store CREON?

Store CREON at room temperature 59 °F to 77 °F (15 °C to 25 °C). You may store CREON at room temperature between 77 °F and 104 °F (25 °C and 40 °C) for up to 30 days. Throw away any CREON stored at these temperatures for more than 30 days. Keep CREON in a dry place and in the original container, and avoid heat. After opening the bottle, keep it closed tightly between uses to protect from moisture. Ensure the desiccant (moisture-absorbing packet) remains in the bottle. Do not throw it away. Keep CREON out of the reach of children.

## ► What if I have additional questions when I'm on treatment?

Having an open conversation with your doctor about how you are feeling is the best way to help them manage your EPI. Based on the conversation, your doctor may need to adjust or change your dose.

# HOW CAN I WORK WITH MY DOCTOR?

## Set follow-up appointments

After you start treatment, it's important to schedule follow-up visits to help maintain an ongoing conversation about your symptoms and help you get the most out of your treatment plan. It will also help your doctor:

- Evaluate how well you are doing
- Answer any questions or address any concerns you may have
- Assess how you're responding to treatment, so they know if adjustments need to be made to your dose or diet

## It may also help to have questions prepared:

- What should I expect with my treatment?
- What should I do before my next visit?
- When should I schedule my next follow-up visit?
- Can you recommend any educational resources or support for me?



Track your symptoms

Scan to use the Treatment Tracker

Please see Important Safety Information on page 7.

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# WHAT SUPPORT IS AVAILABLE?

**CREON Complete** provides support that's personalized to what you need when you need it.



## One-on-one personalized support

Connect live with one-on-one dedicated support



## Potential savings

Eligible patients may pay as little as \$5 for their 30- or 90-day prescription for CREON\*



## Tools & resources

Resources and education to help during your treatment with CREON



## Receive multivitamins

Have multivitamins delivered to your door at no cost to you\*

**CREON**<sup>®</sup> COMPLETE

Sign up now at [CREONcomplete.com](https://www.creoncomplete.com)

Questions? Call our support hotline at  
**1-844-ONCREON (1-844-662-7366)**

\*Eligibility: Available to patients with commercial prescription insurance coverage for CREON<sup>®</sup> (pancrelipase) who meet eligibility criteria. Neither co-pay assistance nor multivitamins/nutritional supplements are available to patients receiving prescription reimbursement under any federal, state, or government-funded insurance programs (for example, Medicare [including Part D], Medicare Advantage, Medigap, Medicaid, TRICARE, Department of Defense, or Veterans Affairs programs) or where prohibited by law. Offers subject to change or discontinuance without notice. Restrictions, including monthly maximums, may apply. This is not health insurance. For full Terms and Conditions, visit [CREONSavingsCard.com](https://www.creonsavingscard.com) or call 1-844-662-7366 for additional information. To learn more about AbbVie's privacy practices and your privacy choices, visit <https://abbvie.com/corp/privacy>

# Bite-sized EDUCATION SERIES

## Looking for a simple way to learn about CREON and EPI?

The CREON Bite-sized Education Series makes it easy to learn the basics about EPI and how CREON helps people with EPI.



What is EPI?



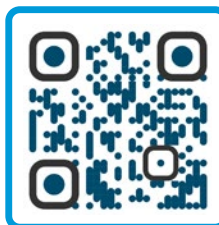
CREON & food



How CREON works



Understanding your CREON dose



Scan to watch the videos

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# WHAT IMPORTANT SAFETY INFORMATION SHOULD I KNOW?

## IMPORTANT SAFETY INFORMATION

### What is the most important information I should know about CREON?

CREON may increase your chance of having a rare bowel disorder called fibrosing colonopathy. The risk of having this condition may be reduced by following the dosing instructions that your healthcare professional (HCP) gave you. **Call your HCP right away if you have any unusual or severe:** stomach area (abdominal) pain, bloating, trouble passing stool, nausea, vomiting, or diarrhea.

**What should I tell my HCP before taking CREON?** Before taking CREON, tell your HCP about all the medicines you take and all your medical conditions, including if you are allergic to pork (pig) products; have a history of intestinal blockage or scarring or thickening of your bowel wall (fibrosing colonopathy), gout, kidney disease, or high blood uric acid (hyperuricemia); or are pregnant, plan to become pregnant, are breastfeeding, or plan to breastfeed.

### How should I take CREON?

**Take CREON exactly as your HCP tells you.** Always take CREON with a meal or snack and enough liquid to swallow CREON completely. **Do not crush or chew the CREON capsule or its contents, as this may cause irritation in your mouth** or change the way CREON works in your body. Talk to your HCP or consult the CREON Medication Guide for how to take CREON if you have trouble swallowing capsules.

### What are the possible side effects of CREON?

CREON may cause additional serious side effects, including:

- Increase in blood uric acid levels (hyperuricemia), including pain, stiffness, redness or swelling of your joints.

- Allergic reactions, including trouble with breathing, skin rashes, swollen lips, or itching.

Call your HCP right away if you have any of these symptoms.

**The most common side effects of CREON include** blood sugar increase (hyperglycemia) or decrease (hypoglycemia), pain in your stomach, frequent or abnormal bowel movements, gas, vomiting, dizziness, sore throat, and cough.

**CREON and other pancreatic enzyme products are made from the pancreas of pigs, the same pigs people eat as pork. These pigs may carry viruses. Although it has never been reported, it may be possible for a person to get a viral infection from taking pancreatic enzyme products that come from pigs.**

These are not all the possible side effects of CREON. For more information, ask your HCP or pharmacist.

**You are encouraged to report negative side effects of prescription drugs to the FDA. Visit [www.fda.gov/medwatch](http://www.fda.gov/medwatch) or call 1-800-FDA-1088.**

**If you are having difficulty paying for your medicine, AbbVie may be able to help. Visit [AbbVie.com/PatientAccessSupport](http://AbbVie.com/PatientAccessSupport) to learn more.**

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# RECLAIM THE NUTRIENTS YOU NEED.

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## SAVE ON CREON

Learn how AbbVie could help you save on CREON.  
For more information, visit [SaveOnCREON.com](https://www.saveoncreon.com)

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