

**CREON** COMPLETE

**CREON**<sup>®</sup>  
(pancrelipase)  
Delayed-Release Capsules



# TREATMENT TRACKER



Use this tracker to record your diet, dose, and symptoms.

Please see Important Safety Information on pages 18-19.

Please [click here](#) for full Prescribing Information, including Medication guide, and discuss with your doctor.

## Create your own CREON routine

**T**ake it.    **T**rack it.    **T**alk about it.

CREON Complete provides personalized support to help you create a routine that works for you.

The 3Ts are an easy way to build and maintain a CREON routine. This brochure will help you get the hang of them. Let's start with the 1st T.

**T**ake it.

### My treatment information:

**Dosage strength** I am currently taking \_\_\_\_ Lipase Units

I take \_\_\_\_ CREON capsules with every **meal**

I take \_\_\_\_ CREON capsules with every **snack**



Make sure you **take your medication with each meal and snack**. This is usually **2 capsules for a meal and 1 for a snack**, but check with your doctor.

**Print out each page after you've filled them in, and bring with you to your next doctor's appointment.**

**Please see Important Safety Information on pages 18-19.**

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## Select Important Safety Information

CREON may increase your chance of having a rare bowel disorder called fibrosing colonopathy. Call your healthcare professional (HCP) right away if you have any unusual or severe stomach pain; worsening of gout; pain, stiffness, redness or swelling of your joints; trouble with breathing; skin rashes; swollen lips; or itching. When taking CREON, it's important to follow the dosing instructions provided by your HCP. Always take CREON with food. Do not crush or chew CREON capsules or the contents of the capsules, as this may cause mouth irritation.

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**Next, Track it. Go to the next page to see how.**



## **T**rack it.

Now it's time to track it. Use the tracker on the next pages to record your meals and snacks while on CREON. Note any symptoms you may experience. Take the tracker with you to your next doctor's appointment.

Here's what to do, step-by-step:

- 1. Write down what you eat for all meals and snacks. If you don't have the tracker on you, snap a picture of your food and record it later.**
- 2. Write down how many capsules you took with each meal and snack.**
- 3. Fill in the circles that describe your symptoms.**
- 4. Bring the completed tracker with you to your next appointment. It will help you have more productive conversations with your doctor.**

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**T**rack it.

Date \_\_\_\_\_

	Meal/Snack	# of capsules taken
Breakfast		
Lunch		
Snack		
Dinner		
Snack		

<b>Stool</b> <i>(check all that apply)</i>	 <input type="radio"/> Dark and dense
	 <input type="radio"/> Hard and pebbly
	 <input type="radio"/> Medium and brown
	 <input type="radio"/> Thin and smooth
	 <input type="radio"/> Loose
	 <input type="radio"/> Mushy
	 <input type="radio"/> Stringy
	 <input type="radio"/> Contains mucus
	 <input type="radio"/> Oily, greasy
	 <input type="radio"/> More watery than solid
<b>Gas</b>	<input type="radio"/> a little <input type="radio"/> a lot
<b>Stomach pain or bloating</b>	<input type="radio"/> Yes <input type="radio"/> No
<b>Other symptoms</b>	

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**T**alk about it.

## Doctor Discussion Guide

Use this guide to help you have more productive conversations with your doctor. Write down additional questions as they occur to you during the week.



**Don't forget to bring your tracker and questions with you to each appointment.**

## Questions for your doctor:

- What foods should I eat or avoid?
- Could something I'm eating be causing my symptoms?
- Could other medications or supplements be adding to my symptoms?
- What can I do to improve my symptoms?
- How do I know if I am on the right dose of medication?

Disclaimer: This Treatment Tracker is intended for informational purposes only and should not be used as a substitute for advice provided by your doctor. You should not use this tracker for diagnosing a health problem or disease. Always consult your doctor.

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## USE

CREON<sup>®</sup> (pancrelipase) is a prescription medicine used to treat people who cannot digest food normally because their pancreas does not make enough enzymes.

## IMPORTANT SAFETY INFORMATION

### What is the most important information I should know about CREON?

CREON may increase your chance of having a rare bowel disorder called fibrosing colonopathy. The risk of having this condition may be reduced by following the dosing instructions that your healthcare professional (HCP) gave you. **Call your HCP right away if you have any unusual or severe:** stomach area (abdominal) pain, bloating, trouble passing stool, nausea, vomiting, or diarrhea.

### What should I tell my HCP before taking CREON?

**Before taking CREON, tell your HCP about all the medicines you take and all your medical conditions, including if you** are allergic to pork (pig) products; have a history of intestinal blockage or scarring or thickening of your bowel wall (fibrosing colonopathy), gout, kidney disease, or high blood uric acid (hyperuricemia); or are pregnant, plan to become pregnant, are breastfeeding, or plan to breastfeed.

### How should I take CREON?

**Take CREON exactly as your HCP tells you.** Always take CREON with a meal or snack and enough liquid to swallow CREON completely. **Do not crush or chew the CREON capsule or its contents, as this may cause irritation in your mouth** or change the way CREON works in your body. Talk to your HCP or consult the CREON Medication Guide for how to take CREON if you have trouble swallowing capsules.

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**IMPORTANT SAFETY INFORMATION (cont.)****What are the possible side effects of CREON?**

CREON may cause additional serious side effects, including:

- Increase in blood uric acid levels (hyperuricemia), including pain, stiffness, redness or swelling of your joints.
- Allergic reactions, including trouble with breathing, skin rashes, swollen lips, or itching.

Call your HCP right away if you have any of these symptoms.

**The most common side effects of CREON include** blood sugar increase (hyperglycemia) or decrease (hypoglycemia), pain in your stomach, frequent or abnormal bowel movements, gas, vomiting, dizziness, sore throat, and cough.

**CREON and other pancreatic enzyme products are made from the pancreas of pigs, the same pigs people eat as pork. These pigs may carry viruses. Although it has never been reported, it may be possible for a person to get a viral infection from taking pancreatic enzyme products that come from pigs.**

These are not all the possible side effects of CREON. For more information, ask your HCP or pharmacist.

**You are encouraged to report negative side effects of prescription drugs to the FDA. Visit [www.fda.gov/medwatch](http://www.fda.gov/medwatch) or call 1-800-FDA-1088.**

**If you are having difficulty paying for your medicine, AbbVie may be able to help. Visit [AbbVie.com/PatientAccessSupport](http://AbbVie.com/PatientAccessSupport) to learn more.**

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## PERSONALIZED RESOURCES TO HELP YOU MANAGE YOUR CREON ROUTINE

Managing your treatment can seem overwhelming at first, but you don't have to figure it out on your own. With CREON Complete, you'll get:



**Continued support from your personal Ambassador,\*** who knows you, listens to you, and answers your questions



**Tracking tools and additional resources** to support your CREON treatment

**Eligible commercially insured patients have access to:**



Potential savings—**eligible patients may pay as little as \$5** for their 30- or 90-day prescription for CREON<sup>†</sup>



**Multivitamins delivered to your door at no cost to you, if eligible.‡**

If you have any questions or for more information, contact CREON Complete at **1-844-662-7366**

\*Ambassadors are provided by AbbVie and do not work under the direction of your healthcare professional (HCP) or give medical advice. They are trained to direct patients to their HCP for treatment-related advice, including further referrals.

†Eligibility: Available to patients with commercial prescription insurance coverage for CREON<sup>®</sup> (pancrelipase) who meet eligibility criteria. Neither co-pay assistance nor multivitamins/nutritional supplements are available to patients receiving prescription reimbursement under any federal, state, or government-funded insurance programs (for example, Medicare [including Part D], Medicare Advantage, Medigap, Medicaid, TRICARE, Department of Defense, or Veterans Affairs programs) or where prohibited by law. Offers subject to change or discontinuance without notice. Restrictions, including monthly maximums, may apply. This is not health insurance. For full Terms and Conditions, visit [CREONSavingsCard.com](https://creonsavingscard.com) or call 1-844-662-7366 for additional information. To learn more about AbbVie's privacy practices and your privacy choices, visit <https://abbvie.com/privacy>.

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